5 MAY AND 15 OCTOBER

# CLEAN HANDS. STOP GERMS. USE SOAP.



**1**

## WASH

Use soap and water.

**2**

## DRY

Dry your hands properly.

**3**

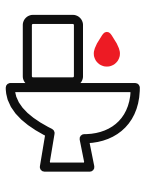
## REPORT

No soap or towels? Tell your supervisor. It is the law.

## WASH YOUR HANDS



Before eating



After the toilet



After waste or chemicals



With soap and water



Then dry properly

Ambulance from a landline **10177**

Emergency from a cellphone **112**

Care Net clinics are not emergency services. In an emergency, call these first.

**To report a washroom problem, speak to:** _____

## WORLD HAND HYGIENE DAY: 5 MAY. GLOBAL HANDWASHING DAY: 15 OCTOBER.

CARE NET CONSULTANTS
Your Partner in Workplace Health

Sources: WHO World Hand Hygiene Day key facts; Facilities Regulations 2004; Occupational Health and Safety Act; Western Cape Government emergency numbers.

General health information only, not medical advice. Speak to a healthcare professional about your own health.