1 DECEMBER · WORLD AIDS DAY

YOUR TEST.
YOUR CHOICE.
YOUR PRIVACY.

1

TEST

Testing at work is voluntary, with counselling before and after.

2

TREAT

Treatment works. People on treatment can live long, healthy lives.

3

YOUR PRIVACY

There is no general duty to tell your employer your status.

WHAT YOU SHOULD KNOW

- Testing is voluntary
- Your status is yours
- Hugs and handshakes are safe
- Treatment works
- Undetectable means untransmittable

Ambulance from a landline **10177**

Emergency from a cellphone **112**

Care Net clinics are not emergency services. In an emergency, call these first.

For confidential support, speak to: _____

ENDING AIDS STARTS WITH ACCESS: THE WORLD AIDS DAY 2026 THEME.

Sources: Code of Good Practice on HIV and AIDS and the World of Work (2012); WHO HIV and AIDS fact sheet (27/07/2026); UNAIDS World AIDS Day 2026; Western Cape Government emergency numbers.

CARE NET CONSULTANTS
Your Partner in Workplace Health

General health information only, not medical advice. Speak to a healthcare professional about your own health.